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## MISSOURI LIEUTENANT GOVERNOR PETER KINDER

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## PRESS RELEASE

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## Lt. Governor Peter Kinder names Shirley Knipker of Excelsior Springs as Senior Service Award Winner

Award recognizes volunteer work by Missouri Seniors

**JEFFERSON CITY** – Missouri Lt. Governor Peter Kinder today announced 35 winners of the Lieutenant Governor's Senior Service Award, including Shirley Knipker of Excelsior Springs.

Lt. Governor Kinder presented the awards today (May 8) at a luncheon for the winners and their guests outside his office in the Capitol. Knipker was nominated by Elizabeth Griffith of the Clay County Public Health Center.

Knipker volunteers in many capacities at the Clay County Public Health Center. She is a PEPPI peer leader, teaching an exercise class to seniors at the Excelsior Springs Medical Center. She also is a Matter of Balance coach, teaching ways to reduce risks for falls. Knipker also assists with seasonal flu clinics and other health department activities.

"Shirley brings an experienced background with her nursing skills," said Griffith in her nomination. "She is kind, caring and motivating to those she works with. Her nursing and teaching skills, plus her willingness and persistence, are greatly appreciated and are a bonus in her current roles."

Lt. Governor Kinder presented Knipker with an official declaration and a Senior Service Award lapel pin at a ceremony in the Capitol.

"Shirley Knipker sets an example for all Missourians with her kindness and willingness to serve the Clay County Health Department and the people of Excelsior Springs," Kinder said. "Her selfless service is an inspiration to all who know her."

Kinder this year received more than 150 nominations for the Senior Service Award, naming 34 winners representing the state's 34 Senatorial Districts and one at-large winner. Knipker won in District 12.